

The Friends of Danesbury and Queen Victoria Memorial Hospital

January 2022

Wishing you all a happy and healthy 2022, may the year ahead be filled with much laughter, good health and the warmth of your family and friends. We would like to thank everyone who supported us throughout 2021, it was a difficult time for us. However through it all we have grown and continued to trade with very good results.

Over the Christmas period it was great to see so many people out and about enjoying the festive spirit. The Christmas late night open event and the Xmas raffle were both extremely well supported and consequently very successful.



Towards the end of last year, we partnered up with Richard Hill and Sean Carey to offer the services of Clock Cricket to our patients in both the QVM Hospital and Danesbury Neurological Centre. Clock Cricket is a simple game designed initially by the England & Wales Cricket Board to be played indoors, all participants sit in a circle (like the numbers on a clock face) using a soft sponge ball and a foam bat, each participant gets an opportunity to throw or hit the ball. The game provides participants with a ground-breaking and light form of activity, stimulation, interaction and competitiveness and is currently being played at Hertswise Dementia Support Groups and with Age UK Groups. If you would like to know more about Clock Cricket, please contact Sean Carey sean@clockcricketwales.com Telephone 07849 973451 or Richard Hill: Telephone 07818 431144.

We are also looking for volunteers to come and assist with this activity at both Danesbury & QVM. If you are interested, please contact lead nurse Rachael Ellis at rachael.ellis2@nhs.net / 07825930640.

Please do have a look at our website Danesburyqvm.co.uk which we regularly update, it is a hub of information on our charity and how we support not just Danesbury & QVM hospital but also the other units within the Herts & Essex area.

All the best,

The Friends of Danesbury & QVM